



## **Blue Ridge Pregnancy Center Mentorship Opportunity**

Thank you so much for your interest in serving as a mentor at the Blue Ridge Pregnancy Center (BRPC) through our Pregnancy & Life Skills Classes (PLS). We couldn't do what we do without our volunteers and donors. Your time, skills, prayers, and resources are very much appreciated by the BRPC staff and our patients.

Our PLS classes offered at our Life Center are open to our patients and the surrounding community. Precedence is given to our patients that come through our Medical Center doors, but our doors are open to the community as well. Those that come through our Medical Center doors are faced with an unplanned pregnancy and are more times than not in a very difficult situation, and they often are considering abortion. We believe it is best to surround these moms and dads with others that are happy to find themselves pregnant but in need of help and support as well. The needs are different for all who walk through our Life Center doors, but all are welcome. We ask our mentors first and foremost to prayerfully establish relationships free of judgment and preconceived notions.

Playing the role of a mentor is very rewarding and positively impacts the lives of others. However, we want to emphasize that becoming a mentor is also a big commitment. We want to be sure you are aware of all that's entailed in becoming a mentor and are ready to make the commitment. Please review the details below to be sure this is a commitment that you - and your group of ladies - are willing and able to commit to.

### **BRPC Goals for Mentors:**

- Come alongside the BRPC as they support families during their pregnancy
- Create a bridge from the BRPC to a Christian community
- Continue building relationships with the patients beyond their time at the BRPC
- Share the love of Christ in action and in word

### **Time Commitment Required:**

Each round of our PLS classes runs for 6 weeks. Mentors must be able to make a commitment for the entirety of the class. The first five weeks are actual classes held in



the Life Center. Week 6 is the Baby Shower hosted by the mentors and their church, if able for all of the families in the class\*.

Currently, we are offering classes in 2023 on Tuesday evenings from 5:30 pm - 7:30 pm and on Thursday mornings from 9:30 am - 11:30 am.

### **Responsibilities of Mentors/Team:**

- Complete a BRPC volunteer application and agree with the mission, policies, and confidentiality statements
- Attend a meeting with the Life Center Director prior to classes beginning to go over expectations and address any questions or concerns
- Attend all 6 weeks
- Host the Baby Shower for all of the ladies in the class\*
- Provide a light snack and drink for each class (Please remember these are pregnant mamas often coming straight from work. Mama and little one need healthy options too.)
- Participate in set-up prior to the beginning of class and clean up after each class ends
- Engage with clients and actively build relationships in and outside of PLS (*This is our number one goal with our mentors. We want our clients to have community support when their time at BRPC is concluded.*)
- Share a short, interactive, devotional prior to the beginning of each class

\*If you don't have the facilities to host a Baby Shower and/or may need help with the Baby Shower gifts, please don't let that be a deterrent. We keep a backup of baby supplies for this very reason and have the Life Center to use for the Baby showers when necessary.

### **Some Do's and Donts:**

- Do arrive a few minutes prior to the beginning of class to set up food and greet moms & dads as they arrive
- Do Not use the BRPC name when creating a registry for the baby shower as it adds confusion to our donors when they look for the BRPC official registry
- Do Not make phone calls or text during the classes, please. We ask that you engage in the class when in your mentorship role with full focus and attention



- Do Not give rides to the patients while serving in the Mentorship role due to liability reasons. After PLS has ended, the relationship you build is your own
- Do Not contradict the teachers in class. Participating, and adding to the topic being discussed when appropriate is most certainly welcome
- Do reach out to the patients via email, text, &/or phone calls. The patients have given us permission through registration to share their contact information with their mentors
- Do remember to keep the patient's information ***confidential!*** If there is ever a concern, such as abuse, housing issues, etc it is important you come directly to the Life Center Director and she will go to our Executive Director. Do Not share confidential information with a pastor, organization, or family friend. Our patient's information is to be kept private at all times. Our Executive Director and Medical Director will determine the best course of action to take. It is human nature to be curious but please do not look up patients on social media. If they come to BRPC, they are committed and in need of our support. Thank you for understanding and taking this seriously.

### **Baby Shower Details:**

- The Life Center Director will email each of the Moms & Dads a "Baby Shower Order Form" on the day of their first class. They are asked to pick their top 3 items from this list. It is encouraged that they fill it out right away to give their mentors as much time as possible to collect/buy the gifts and/or set up a registry with their church. The director will email the completed forms to the mentors as soon as they are received.
- Those mentors that have backing from a large church and choose to consecutively mentor both the Tuesday evening class and Thursday morning class in the same round are encouraged to hold one Baby Shower for both classes. Invite other church members for additional support.
- The Baby Showers are open to additional family members to attend (this week only) so please keep that in mind when planning food, games, attendance, etc.

### **BRPC provides:**

- The facility to host the classes.
- The teachers



- Brand new or handmade gifts for each patient for every class they attend
- Handmade "Welcome Baby" gift bag from BRPC full of gifts (lovingly made and prepared by our volunteers) to be given at the Baby Showers
- Additional events to provide support and fellowship outside of PLS
- Free diapers and wipes for baby's first year of life